## GROW FORWARD

## SUPPORTED VOLUNTEERING AT OUSEBURN FARM

A place for growing plants, fruit and veg, animals, but most of all, people.







4 weeks, starting on February 26<sup>th</sup> 2026



**Thursdays** 



10am-2pm





group volunteering in animal care and horticulture









employment and wellbeing workshops



If you are not working and live in North Tyneside, Newcastle or Northumberland and would like support to get into volunteering, work or to gain experience in a new area



get in touch with Volunteer Lead, Sarah, to apply or find out more information on sarah.smith@ouseburnfarm.org.uk or call 0191 232 3698











